Warren County WIC

1340 State Route 9 Lake George, NY 12845 761-6425 Phone / 761- 7643 Fax

WIC is a supplemental food program for pregnant & postpartum women, infants & children to 5 years of age.

General Food Package							
Pregnant Women	Breastfeeding Women	Non-Breastfeeding Women	Infants	Children			
5 ½ Gal/ 22 qts LF/1% Milk	6 Gal/ 24 qts LF/1% Milk	4 Gal/16 qts LF/1% Milk	Formula / 6 – 12 months	1<2yo 4 Gal/16 qts. Whole Milk			
or NF/Skim Milk	or NF/Skim Milk+	or NF/Skim Milk	Enfamil Infant	2<5yo 4 Gal/16 qts LF/1% Milk			
(1# of Cheese (Optional))	(1# of Cheese (Optional))	(1# of Cheese (Optional))	Gerber Good Start Soy	or NF/Skim Milk			
(32oz of yogurt(Optional))	(32Oz of yogurt(Optional))	(32Oz of yogurt(Optional))	Enfamil Gentlease	(1# of Cheese (Optional))			
1 dozen Eggs	2 dozen Eggs	1 dozen Eggs	Enfamil AR	(32Oz of yogurt(Optional))			
Up to 36 oz Cereal	1# Cheese	Up to 36 oz Cereal	Special Needs formula	1 dozen Eggs			
2# Dry Beans/Peas/Lentils or	Up to 36 oz canned Fish	1# Dry Beans/Peas/Lentils or	with MD's prescription	Up to 36 oz Cereal			
4 cans - up to 16oz beans or	(Tuna, Sardines, Salmon)	4 cans- up to 16oz beans or	3 boxes Baby cereal	1# Dry Beans/Peas/Lentils or			
2# 16-18 oz Peanut Butter	2# Dry Beans/Peas/Lentils or	2# 16-18 oz Peanut Butter	36 jars Baby Fruit/Vegetables	4 cans- up to 16oz beans or			
or Combination	4 cans- up to 16oz beans or	or Combination		2# 16-18 oz Peanut Butter			
1# WW Bread or	2# 16-18 oz Peanut Butter	2-11.5/12oz Concentrate Juice	Breastfed / 6 – 12 months	or Combination			
Whole Grain Tortillas or	or Combination	(up to oz)	3 boxes Baby cereal	2# WW Bread or			
14-16 oz Brown Rice or	1# WW Bread or		64 jars Baby Fruit/Vegetables	Whole Grain Tortillas or			
16 oz WW Pasta	Whole Grain Tortillas or	¢ 11 Vagatable & Fruit about	31 jars Baby Meat (FBF)	14-16 oz Brown Rice or			
3– 11.5/12oz Concentrated Juice	14-16 oz Brown Rice or	\$ 11 Vegetable & Fruit check	or jaro baby weat (1 bir)	16 oz WW Pasta			
(up to 144 oz)	16 oz WW Pasta		Formula & BF/ 9 -12 months	2 - 64 oz Container Juice or			
	3–11.5/12oz Concentrated Juice	COO Farman's Market shook*	In addition >may substitute	16 oz Concentrate Juice			
\$ 11 Vagatable & Fruit abook	(up to 144 oz)	\$ 20 Farmer's Market check*	# jars Fruit & Vegetables for				
\$ 11 Vegetable & Fruit check	¢ 11 Vogotoblo & Fruit obook		" jaro i rait a vegetables for	\$ 9 Vegetable / Fruit check			
	\$ 11 Vegetable & Fruit check		\$4/\$8(FBF) Fruit/Veg Voucher				
\$ 20 Farmer's Market check	\$ 20 Farmer's Market check		\$ 20 Farmer's Market check	\$ 20 Farmer's Market check			
			ψ 20 T aimer 3 Market Check				

May 31, 2021 – June 30, 2022 WIC Income Eligibility			* A pregnant women is considered to be a household of		
Household Size	Annual Gross	Monthly Gross	Twice-Monthly Gross	Bi-weekly Gross	Weekly Gross
1	\$ 23,828	\$ 1,986	\$ 993	\$ 917	\$ 459
2	32,227	2,686	1,343	1,240	620
3	40,626	3,386	1,693	1,563	782
4	49,025	4,086	2,043	1,886	943
5	57,424	4,786	2,393	2,209	1,105
For each additional person add	8,399	700	350	324	162

Clinic Sites

Warren County Municipal Center
Village Green Apartments – Glens Falls
North Creek
Horicon
Warrensburg
Lake Luzerne
VFW – Queensbury
United Methodist Church – Queensbury
1st Baptist Church – Glens Falls