

Joint Mental Health & Substance Abuse Subcommittee  
October 5, 2018

**Present:** Keith Stack, Melanie Gulde, Charles Moak, Dave Alloy, Dillon Swertner, Karen Ward, Rebecca Evansky, Jennifer Neifeld, Jackie Foster, Joshua Gray, Leslie Brownell, Laura Walters, Owen Allie, Sydney Dwinell, Sarah Colvin, Susan Dornan, Kellee Strong, Stephanie Ball, Sue Mowrey, Sue McManus, Max English

**Staff:** R. York, C. Lawrence, H. Carlson, L. Wright, C. Wright

Agenda Item		Action
<b>Introductions</b>	Introductions were made around the table and the meeting began at 10:05am.	N/A
<b>Residential Substance Abuse Services/OASAS Residential Redesign – Addictions Care Center of Albany, Keith Stack, CEO</b>	K. Stack, CEO of ACCA has contracts with OASAS and Warren County for two Residential programs (women’s & men’s). He informed the subcommittee that they are hoping to close on 79 Glenwood Avenue (women’s program) at the end of October early November; the site approval is scheduled for October 15 <sup>th</sup> with possible renovations starting in December and targeted opening for mid-2019. They will provide 24/7/365 medical management (RN, LPN, Case Managers, Licensed Mental Health Counselor); as well as medication assisted therapies, family counseling, vocational/educational services, peer support services and health and wellness activities. This will be an 18-bed residence. Under the new regulations, which is part of the NYS OASAS Residential redesign, there are three new levels of care: Stabilization, Rehabilitation and Re-Integration. In the Stabilization element of care (72 hours to 7 days) women will benefit from management of mild to moderate symptoms of withdrawal and cravings through medically supervised withdrawal services, engagement in the treatment and early stage recovery process. They will receive assessment of mental health needs, medication management, as well as assessment of medical and physical health needs for wellness and chronic disease management. In the Rehabilitation element of care (28 days-51 days) women will benefit from continued management of craving symptoms, engagement in treatment and recovery rehabilitation. They will receive assessment of mental health needs, medication management, and assessment of medical and physical health needs for wellness and chronic disease management. The Reintegration element of care is essentially on-site supportive living; providing more staff, peer supports and community based supports. This is the hardest element of care to manage even though it is the lowest level of care.	N/A

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<b>MH Outpatient Clinic Open Access project updates</b>	C. Wright provided updates on the Open Access project. This is a joint proposal coordinated by the Office of Community Services for Warren and Washington Counties, funded through Adirondack Health Institute and DSRIP Innovation Grant funds. This project encompasses both Adult and Children clinic services at the Warren-Washington Association for Mental Health (Caleo Counseling Services) and Glens Falls Hospital Outpatient Clinics. Project Goals include providing immediate client access to OP services, establishing performance measures and outcomes, a focused data collection effort, development of specific clinical reports, development of a community-wide coordinated intake effort (possibly at OCS), and establishing an on-going clinic operations workgroup. The successful implementation of this project will enable the clinics involved to provide immediate access to outpatient mental health services, improve client engagement in care, increase revenue, and provide data-driven results in a value-based health care system. These changes will be demonstrated through the use of reliable reports that support Continuous Quality Improvement (CQI) and Utilization Management (UM) practices. The success of this model will continue to be measured by a reduction in the number of clients on appointment wait lists and a reduction in the average wait time for clients seeking initial appointments at each of these sites. R. York stated he would like to bring the Clinics to the meeting early in the year to update us on how Open Access is coming along.	N/A
<b>Assertive Community Treatment (ACT) Team updates</b>	Owen Allie, ACT Team Lead, updated us on how the ACT Team is developing. They are located at 375 Bay Rd with Mobile Crisis. They will be fully staffed with a Family Specialist, Substance Abuse Specialist, RN, LPN and Psychologist by November and ready to open with 48 slots for people meeting specific qualifications such as an SPMI or dual diagnosis. They are most sought out for providing services 80-90% out in the Community or in the home with referrals being made through SPOA and AOT. They are currently waiting on the OK from OMH. He introduced Laura Walters, Family specialist and Leslie Brownell, Program Assistant. He hopes to come back early next year to provide another update.	N/A
<b>DSRIP updates – Adirondack Health Institute (AHI)</b>	R. Evansky stated that the last round of Innovation funds is pending. They did just get a 1-year grant for a Rural Community Opioid Planning Initiative. More to come as it moves forward and also in the AHI Informer newsletter..	N/A

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<b>HCBS Services updates</b>	R. York provided a handout showing county level HCBS data. The group briefly discussed. Liberty House is the only local agency currently billing for HCBS services.	N/A
<b>Hometown vs. Heroin and Addiction updates</b>	S. McManus informed us that September is Recovery Month. The Hometown vs. Heroin Coalition recently sponsored a 5K run/walk with a Resource Fair. They had 150-170 people go through the Resource Fair with 22 tables set up. The 5K had 93 people enrolled and raised about \$1,400 total. They are already planning for the 2019 Resource Fair and 5K. The next Hometown vs. Heroin meeting is next Tuesday October 9 <sup>th</sup> .	N/A
<b>Informational Items: Mobile Crisis</b>	S. Dwinell stated Mobile Crisis is going really well. They now have one central number 518-292-5499 to access the service and have extended their hours. Handouts were included in the packets.	
<b>Hope and Healing Recovery Center</b>	R. York provided a calendar of events in the packets.	
<b>Agency updates:</b>	Those in attendance were given the opportunity to provide updates.	
<b>Warren County Drug Court</b>	K. Strong talked about changes in the law regarding Raise the Age and potential impacts to local treatment court.	
<b>Conifer Park</b>	C. Moak provided a brief update regarding Conifer Park. They are actively recruiting for an RN position.	
<b>Washington County NY Connects</b>	S. Ball said the next Long Term Care Council Meeting is in December and is focused on Advocacy.	
<b>Washington County Drug Court</b>	Melanie Gulde reports Washington County Drug Treatment Court is going well.	
<b>GFH- Center for Recovery</b>	S. McManus said they have a new chief of Psychiatry. CFR GF added a CASAC position for the new year and they are building a Veterans Training to be launched in December.	
<b>Baywood</b>	J. Neifield says there have been a lot of staff changes. They have a satellite office in Hudson Falls at 10 Lacrosse St.(Council for Prevention Building) with Open Access hours on Fridays. Sept 1 <sup>st</sup> they are starting	

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<b>WWAMH</b>	<p>some new programs: Mat client group, Working toward wellness group, Moving On Women's Trauma, Community outreach in outlying areas such as Argyle, Greenwich and Salem. They have been invited to a Convention on October 15<sup>th</sup> for a presentation.</p> <p>J. Gray reported East Side Center has Dual Recovery 6-days a week and has "soft-opened" after hours drop in center from 4-7pm Mon-Fri and Sat from 11-2pm providing meals and activities, with transportation available. There is a Care Manager onsite.</p>	
<b>Warren County NY Connects</b>	<p>S. Dornan is having a volunteer open house Oct 23<sup>rd</sup> at the Warren County Human Services Building, brochures and newsletters were passed out and posted online. They are open Mon-Fri 8-4pm.</p>	
<b>Rose House</b>	<p>D. Swertner and K. Ward introduced themselves, provided a handout and stated that their peer-led transition of care team is coming soon.</p>	
<b>Adjournment and Next Meeting</b>	<p><b><i>Meeting adjourned at 11:20am. The next meeting of the Mental Health / Substance Abuse Subcommittees of the Warren and Washington County Community Services Boards is scheduled for Friday, January 11, 2019; 10a-12 noon at 230 Maple St., Glens Falls.</i></b></p>	N/A

Minutes respectively submitted by Crystal Lawrence, Secretary to the Boards