



# Get care quickly, get care at home.

## Well360 Virtual Health

Commonly treated conditions:

### Urgent Care

- Allergies
- Bronchitis
- Common cold
- COVID-19 symptoms
- Sinus infections
- Sore throat
- Stomach flu

### Behavioral Health

- Anxiety/stress
- Bereavement/grief
- Depression

With Well360 Virtual Health, you can see a provider from the comfort of home anytime — even in the evenings and on weekends. Board-certified doctors can treat you for minor illnesses like the flu, colds, sinus infections, and more, without having to wait for an appointment or drive to an office. If needed, they can prescribe you the medication you need to feel better.\*

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### Take care of your mental health, too.

In addition to minor medical needs, Well360 Virtual Health can connect you to the right resources to get you the mental health support you need.



To get started, download the My Highmark app or visit **MyHighmark.com** to schedule an appointment for urgent care, therapy, or psychiatry.



Because Life.™



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24/7 on-demand virtual care services provided by Well360 Virtual Health are subject to the telemedicine services benefit. Therapy and psychiatry provided by Well360 Virtual Health are subject to the outpatient mental health benefit. Other than these mentioned services, all other service provided by Well360 Virtual Health are not eligible. You are responsible for the full cost of ineligible services. To determine the availability of services under your health plan, please review your member materials for details on benefits, conditions, and exclusions or call the number on the back of your ID card.

\*Health professionals can prescribe medication, but at this time are not able to prescribe any narcotics.

Well360 Virtual health is powered by Amwell. Amwell is an independent company that provides telemedicine services and does not provide Blue Cross and/or Blue Shield products or services. Amwell is solely responsible for their telemedicine services.

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All references to "Highmark" in this document are references to the Highmark company that is providing the member's health benefits or health benefit administration.

The Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están disponibles para usted. Llame al 1-844-679-6930. (TTY:711)

请注意：如果您说中文，可向您提供免费语言协助服务。請致電 1-844-679-6930。(TTY:711)