Mental Health and Wellness Resource Guide for Residents of Warren & Washington Counties



Alcohol and Substance Abuse Services
Mental Health Services
Developmental Disabilities Services

COUNCIL FOR PREVENTION

Promoting Health and Well-Being

MENTAL HEALTH & WELLNESS RESOURCE GUIDE

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2024 Edition

COUNCIL FOR PREVENTION

Promoting Health and Well-Being

The Council for Prevention fosters healthy communities, schools, families, and individuals. The Council supports and encourages collaboration among leaders, professionals, and community members addressing the issues of mental health, substance abuse, disease prevention, treatment, and recovery.

Alcohol and Substance Abuse Services

Community Support Services

Alcoholics Anonymous

Call for meeting information.

(518) 793-1113

www.aa.org

Council for Prevention, Inc.

Prevention Education

Provides substance abuse prevention activities and trainings throughout Warren and Washington Counties to raise public awareness about alcohol, substance abuse, and suicide prevention. Offers training in mental health first aid, substance abuse, suicide prevention, and Narcan use. Provides information, resources, and programs to schools, community members, individuals, and families.

Challenge Program

Group therapy focusing on outdoor activities and skill building for substance abusing youth, ages 13 – 18. Must be enrolled as a patient at the Center for Recovery in order to participate in the program.

214 Main Street, 2nd Floor, Hudson Falls, NY

(518) 746-1527

www.councilforprevention.org

Hope and Healing Recovery Center

A substance free community center for people 18 and older, providing peer driven and peer delivered support services. We embrace all pathways to recovery, exist as a resource hub to make community connections, provide recovery support for individuals and families, foster hope, and help sustain long term recovery. We are here to ask what we can do to help you with your recovery, and bring voices and visibility to recovery for individuals and their families.

37 Chester Street, Glens Falls
(518) 683-0968
hopeandhealing@councilforprevention.org

Washington County Youth Bureau / Alternative Sentencing

Alcohol and Substance Abuse Services: Provides a free substance use disorder evaluation and treatment recommendations to any resident of Washington County who may be suffering from a Substance Use Disorder and is in need of a resource that can help facilitate treatment engagement that will be most responsive to their needs. Additionally, this program provides substance use disorder evaluations, treatment recommendations and program compliance updates to the Court for individuals court ordered to obtain an evaluation.

Drug/Alcohol Awareness Class: Provides a free drug/alcohol education class for youth who are referred by a court, school, parents etc. This class reviews the harm caused and the consequences of continual use of drugs/alcohol. Web based and in-person options are available.

383 Broadway, Fort Edward, NY
(518) 746-2333
washingtoncountyny.gov/187/Alcohol-Substance-Abuse-Program

Inpatient/Detoxification Services

Conifer Park, Inc.
79 Glenridge Road, Schenectady, NY
1-800-989-6446
www.coniferpark.com

Saint Mary's Hospital
Inpatient Rehabilitation
427 Guy Park Avenue, 3rd Floor, Amsterdam, NY
(518) 841-7237
www.smha.org/services/inpatient-substance-detoxification

Saint Peter's Addiction Recovery Center (SPARC)
Inpatient Rehabilitation
3 Mercycare Lane, Guilderland, NY
(518) 452-6700

Inpatient Detoxification
315 South Manning Boulevard, 6 Gabrilove, Albany, NY
(518) 525-1303
www.sphp.com/services/addiction

Outpatient Clinic Services

The Addictions Care Center of Albany, Inc.

Provides individual and group treatment through a wide range of New York State OASAS certified clinical services.

115 Ontario Street, Albany, NY
(518) 434-2367
www.theacca.net

Baywood Outpatient Clinic

Offers evaluation and treatment of alcohol and substance abuse including individual and group therapy, education and family support programs. Both onsite and off site counseling services are available. Provides two levels of residential and case management services for persons with a substance use disorder. Community residences are located in Glens Falls. Supportive living apartments are located in Glens Falls. All programs are OASAS certified.

551 Bay Road, Suite 2, Queensbury, NY
(518) 798-4221
www.pyhit.org/programs

Behavioral Health Services North
Center for Recovery

Outpatient clinic offering treatment for alcohol and substance abuse disorders, including psychiatric assessment and treatment for adolescents and adults.

25 Willowbrook Road, Queensbury, NY
(518) 926-7200

340 Main Street, Hudson Falls, NY
(518) 926-7200

www.bhsn.org

Conifer Park, Inc.

Offers treatment for alcohol and substance abuse disorders including dual diagnosis treatment, psychiatric assessments, individual and group therapy, and family support and treatment for adults and adolescents.

55 Elm Street, Glens Falls, NY
1-800-989-6446
www.coniferpark.com

Saint Mary's Hospital

Addiction Services Clinic

76 Guy Park Avenue, Amsterdam, NY
(518) 843-4410
www.smha.org/services/outpatient-addiction-services

Saint Peter's Addiction Recovery Center (SPARC)

Outpatient clinics offering treatment for substance abuse to adults, adolescents and families. For evaluation information call:

845 Central Avenue, Albany, NY
(518) 482-2455

64 Second Avenue, Albany, NY
(518) 449-5170

55 Mohawk Street, Cohoes, NY
(518) 235-1100

636 New Loudon Road, Latham, NY
(518) 783-5381

2925 Hamburg Street, Schenectady, NY
(518) 357-2909

125 High Rock Avenue, Saratoga, NY
(518) 885-6884

1300 Massachusetts Avenue, Troy, NY
(518) 268-6280

Other Services

Impaired Driver Program

(518) 371-0044

Residential Services

The Addictions Care Center of Albany

Safe, supervised housing and recovery programs for men and women who are in the early to later stages of recovery.

90 McCarty Avenue, Building 2, Albany, NY
(518) 434-8083
Stabilization and Rehabilitation for Women
79 Glenwood Avenue, Queensbury, NY
(518) 407-0564
Men's Stabilization and Rehabilitation Residence
68 Quaker Road, Queensbury, NY
(518) 407-0563
www.theacca.net

Saint Peter's Addiction Recovery Center (SPARC)

Men's Community Residence

Halfway house designed to treat individuals recovering from alcoholism or drug addiction who need environmental support and guidance to promote ongoing sobriety and healthy living.

64 Second Avenue, Albany, NY
(518) 463-6044
www.sphp.com/services/addiction

Transitional Services Association

Hedgerow House

Halfway house designed to treat individuals recovering from alcoholism or drug addiction.
994 Route 67, Ballston Spa, NY
(518) 885-3872
www.tsa-inc.org/our-programs/hedgerow-house/

820 River Street, Inc.

Provides two levels of residential and case management services that include a variety of certified residences, supportive living environments, and transitional and independent housing for individuals recovering from substance abuse disorders.

13 Crandall Street Community Residence (for men)

(518) 743-0475

Mental Health Services

Community Support Services

Adirondack Peer-to-Peer

Adirondack Peer to Peer sponsors social events for veterans and family members and connects them with both VA and non-VA resources that help improve their quality of life.

(518) 760-2056

www.adkpeertopeer.org

Alliance for Positive Health

Harm Reduction Services

Free and anonymous program that provides a safe option to obtain sterile needles and supplies. The Alliance for Positive Health also provides Harm Reduction Counseling, HIV and Hep C testing, Narcan kits, and Hep C Navigation.

(518) 641-1543

www.allianceforpositivehealth.com

ASCEND Mental Wellness

Dual Recovery Program

Offers individual and group support to adults who are recovering from mental health and substance use disorders. Check out www.ascendmw.org for a group schedule and more information.

(518) 793-2352

www.ascendmw.org

Care Coordination Program

Program assists adults and children who have serious mental illness to obtain medical, social, psychosocial, educational, financial and vocational services. Individuals with co-occuring alcohol and/or substance abuse may also be served by this program.

230 Maple Street, Suite 2, Glens Falls, NY

(518) 793-2352

www.ascendmw.org

Behavioral Health Services North

Family Support Services

Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.

25 Willowbrook Road, Queensbury, NY

(518) 926-7100

www.bhsn.org

Glens Falls Hospital

Coordinated Children's Services Initiative (CCSI)

Assists in coordinating comprehensive services in the community to reduce out-of-home placements for emotionally disturbed children.

16 Pearl Street, Glens Falls, NY
(518) 926-7240
www.glensfallshospital.org

Glens Falls Hospital Health Home

Care Coordination Program

Provides care coordination services to Medicaid funded adults with medical and psychiatric illness to assist with improving their healthcare.

16 Pearl Street, Suites 202-205, Glens Falls, NY
(518) 926-7240 • 1-855-414-4663
www.glensfallshospital.org

LEAMHRS

LEAMHRS (Law Enforcement Addiction and Mental Health Referral System) receives referrals from law enforcement to meet people in the community with the goal of connecting them to resources and long term services of care.

(518) 246-5765
www.ascendmw.org/leamhrs-outreach

Northern Rivers Assertive Community Treatment (ACT Team)

SPOA; Office of Community Services for Warren and Washington Counties
230 Maple Street, Glens Falls, NY
(518) 792-7143
www.northernrivers.org/assertive-community-treatment

Office of Community Services for Warren and Washington Counties

Single Point of Access (SPOA)
Process for review of referrals for high-intensity mental health services, including case management and residential services.
230 Maple Street, Suite 1, Glens Falls, NY
(518) 792-7143
www.warrencountyny.gov/mhcs

Office of Community Services for Warren & Washington Counties

Assisted Outpatient Treatment (AOT)
Process for investigation and petitioning of court-ordered Assisted Outpatient Treatment (AOT) for certain adults with mental illness who meet the eligibility criteria.
230 Maple Street, Glens Falls, NY
(518) 792-7143
www.warrencountyny.gov/mhcs

Wellspring

Wellspring is the domestic violence and sexual assault services for local county residents. They support survivors by providing emergency shelter, a 24-hour hotline and live chat, counseling, housing assistance and much more.

2816 US-9, Malta, NY
(518) 583-0280 Office
(518) 584-8188 24/7 Crisis Line
www.wellspringcares.org

Crisis Services

Glens Falls Hospital Emergency Care Center

Emergency and Forensic Consultation Service

Crisis consultations are provided on site 7 days a week, 24 hours a day, 365 days a year.

100 Park Street, Glens Falls, NY
(518) 926-1000
www.glensfallshospital.org

Northern Rivers Crisis Services: 518-292-5499

Mobile Crisis Services

Our Mobile Crisis Services teams consist of licensed clinical supervisors and clinicians, family advocates, peer support specialists and case managers. These highly-skilled individuals provide services in the community to assist adults, children/adolescents and their families in order to resolve emotional and behavioral health crisis situations. We strive to prevent unnecessary hospitalization and/or emergency room visits by stabilizing the crisis in the most normalized, least restrictive setting. Mobile Crisis teams function within a continuum of related services throughout the community to build an integrated crisis system that meets the needs of those who utilize our services. Reaching out to us at 518-292-5499 will allow us to provide immediate, live crisis support. When our teams are unavailable, you will be encouraged to reach out to the nearest emergency responders in your county - including 911, your local hospital emergency room or local mental health agency for support. More information is available at: northernrivers.org/mobile-crisis

www.northernrivers.org/mobile-crisis

Short-Term Crisis Stabilization

Northern Rivers Family of Services offers two short-term, overnight therapeutic crisis stabilization programs for youth ages 5–17 experiencing a period of acute stress, mental health issues, or psychiatric crisis that requires a 24/7 staff-secured (nonhospital) setting. These family-centered programs are designed to equip families and youth with a plan for success at home, in school, and in the community. They offer services for children who do not require acute care, with the primary goal of stabilizing a crisis situation in order to prevent the unnecessary use of a hospital emergency room or a hospital admission. Both residences are located on Academy Road in Albany, New York.

Healy House offers short-term crisis stabilization for youth ages 5-12 years old. North Star offers short-term crisis stabilization for youth ages 12-17. Information about our crisis residence programs can be found at:

www.northernrivers.org/short-term-crisis-stabilization

Parsons Child and Family Center

Home Based Crisis Intervention

The HBCI program is an intensive four to six week in-home service available to families in Warren, Washington and Saratoga counties, HBCI therapists will be on call twenty-four hours a day, seven days a week to help families manage crisis and provide support.

(518) 292-5433

www.northernrivers.org/home-based-crisis-intervention

Veteran's Crisis Line Website

The Veteran's Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.

www.veteranscrisisline.net

Warren/Washington Homeless Youth Coalition

WAIT House - Help For Homeless Youth

WAIT House Mission - To provide stability to youth who present themselves as homeless. This will be accomplished through the immediate provision of coordinated services; reunification of families where appropriate; the provision of supervised emergency and transitional housing, with the goal of personal responsibility and self-sufficiency.

10-12 Wait Street, Glens Falls, NY

24/7 Phone: (518) 798-4384

www.hycwaithouse.org

Warren/Washington Rose House

The Rose House is a self-referral service, which can be accessed through the Peer Warmline, available 24/7. Short-term crisis respite is available for adults (18+) who are experiencing psychiatric and/or emotional distress on a 24/7/365 basis. Stays typically vary from 1-5 days. In addition, we provide community mobile peer support and community based peer support services.

6 Montcalm Street, Glens Falls, NY
(518) 502-1172
www.rosehouserespite.org/warrenwashington/

988-Suicide and Crisis Lifeline

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. You are not alone.

Dial or text 988

Inpatient Services

Capital District Psychiatric Center

Acute and intermediate inpatient care for adults 18 years or older.

75 New Scotland Avenue, Albany, NY
(518) 549-6000

Ellis Medicine Mental Health Services

Adolescent Treatment Center

Acute inpatient services for adolescents aged 11 to 18 years of age.

1101 Nott Street, Schenectady, NY
(518) 243-4411

Inpatient Care

Acute inpatient services for patients who are 18 years and older.

1101 Nott Street, Schenectady, NY
(518) 243-4224
www.ellismedicine.org/services/mental-health.aspx

Four Winds Saratoga

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY
(518) 584-3600
www.fourwindshospital.com

Glens Falls Hospital

Acute inpatient unit for adults 18 years of age and older.

100 Park Street, Glens Falls, NY
(518) 926-3265
www.glensfallshospital.org

Outpatient Clinic Services

Adirondack Psychological Health Services

Services offered include evaluations, consultation, psychotherapy, hypnosis, biofeedback, and pain management.

478 Glen Street, Glens Falls, NY
(518) 792-1410

Adirondack Samaritan Counseling Center

Offers individual and family counseling, as well as anger management for adults and teens.

15 Boulevard, Hudson Falls, NY
(518) 747-2994
www.adirondacksamaritan.org

ASCEND Mental Wellness

Caleo Counseling Services

Clinic provides children, adolescents and adults with a range of outpatient mental health services.

3043 State Route 4, Hudson Falls, NY
(518) 747-8243
www.ascendmw.org

Behavioral Health Services North

Center for Wellbeing

Provides a range of outpatient mental health treatment services for ages 4 and up, including individual, family and group therapy, and psychiatric assessment and treatment utilizing an integrated care model.

25 Willowbrook Road, Queensbury, NY
(518) 926-7100
www.bhsn.org

Capital District Psychiatric Center

North Satellite Clinic

Offers individual counseling for children and teenagers, ages 5 to 18.

Hudson Falls High School
80 East LaBarge Street, Hudson Falls, NY
(518) 681-4267

Glen Street Satellite Clinic

Offers individual counseling for children and teenagers, ages 5 to 18.

100 Glen Street, Glens Falls, NY
(518) 223-0788

Catholic Charities

Offers individual and family counseling, as well as counseling and support for victims of domestic violence.

35 Broad Street, Glens Falls, NY
(518) 793-6212
www.catholiccharitiesusa.org

Celtic Counseling Services

Counseling and psychotherapy for individuals, couples, families. Work with people to address personal challenges such as addictions, anger management, anxiety, caregiver needs, depression, trauma, loss, chronic illness, and many other life challenges.

498 Glen Street, Glens Falls, NY
(518) 743-9099
joseph@celticcounseling.net

Chelsea Place Psychological, PLLC

Chelsea Place Psychological offers a range of consultation and evaluation services to meet the needs of all clients. Services include; developmental assessments, individual and group counseling.

6 Chelsea Place, Suite 202, Clifton Park, NY
(518) 982-1886
www.chelseaplacepsych.com

ECS Psychological

The mission of ECS Psychological Services is to provide a caring and supportive environment that personalizes treatment for client needs. They provide services for children, couples and family therapy, animal assisted therapy, group therapy, psychological evaluations, rapid resolution therapy, military services and bariatric services.

210 Church Street, Saratoga Springs, NY
(518) 580-0520
www.ecspsychological.com

Four Winds Saratoga

Provides comprehensive inpatient and outpatient mental health treatment services for children, adolescents, and adults.

30 Crescent Avenue, Saratoga Springs, NY
(518) 584-3600
www.fourwindshospital.com

Glens Falls VA Clinic

Behavioral Health Care

Behavioral health providers are available for consultation at all our primary care clinics. Brief individual and group treatments focus on health and wellness promotion, early identification, quick resolution of problems & long-term problem prevention. Medication management and other specialty services are available by referral or telemedicine equipment. For more information contact your primary care team.

Smoking Cessation

The Clinic offers the QuitSmart® smoking cessation program — an innovative service that combines the best of behavioral and medication treatments in a group format.

101 Ridge Street, Glens Falls, NY
(518) 798-6066

Greenwich Regional Medical Center

Offers a range of health services and social worker for mental health.

1134 NY29, Greenwich, NY
(518) 692-9861

Hudson Headwaters Health Network

Offers a range of pediatric, adult, and geriatric behavioral health services - including mental health screenings to identify patients at risk, psychiatric evaluations, medication management, counseling and case management, as an extension of primary care services for network patients. Call your Hudson Headwaters Health Center for more information.

Bolton Health Center ..... (518) 644-9471
Chester-Horicon Health Center ..... (518) 494-2761
Fort Edward Kingsbury Health Center..... (518) 824-8630
Health Center on Broad St. (Glens Falls)..... (518) 792-2223
Indian Lake Health Center..... (518) 648-5707
Mobile Health SUNY Adirondack..... (518) 623-0871
Moreau Family Health ..... (518) 761-6961
Moriah Health Center ..... (518) 942-7123
North Creek Health Center .....(518) 251-2541
North Country Family Health (Champlain)....(518) 298-2691
Queensbury Family Health .....(518) 798-6400
Schroon Lake Health Center .....(518) 532-7120
Ticonderoga Health Center.....(518) 585-6708
Warrensburg Health Center.....(518) 623-2844
West Mountain Primary Care (Queensbury).(518) 824-8610
Women's Health Glens Falls .....(518) 792-7841

www.hhhn.org

Oakwise Counseling

Oakwise Counseling provides mental health counseling and related addiction recovery services in the Glens Falls and Saratoga Springs, New York area. Our mission is to aid clients in identifying areas in which they'd like to improve their lives and help them learn the skills to do so.

16 W. Notre Dame, Suite 3, Glens Falls, NY
(518) 490-9473
bryan@oakwisecounseling.com

Psychotherapy Center

Offers a range of psychiatric and psychotherapy health services which includes evaluations, consultations, and counseling.

597 Bay Road, Queensbury, NY
(518) 793-1160

Psychological Associates

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

551 Bay Road, Queensbury, NY
(518) 798-4056

Saratoga Psychological Associates

Offers a range of psychological health services which includes evaluations, consultation, and counseling.

63 Franklin Street, First Floor, Saratoga Springs, NY
(518) 587-0499

632 Plank Road, Clifton Park, NY
(518) 587-0499

711 Troy Schenectady Road, Latham, NY
(518) 783-1063

Albany-Wolf Road 1 Marcus Blvd Street, 105 Albany, NY

(518) 783-1063

www.saratogapsych.com

St. Anne Institute

Provides specialized evaluation and services, including family, individual, and group treatment.

77 Main Street, Hudson Falls, NY

(518) 747-0756

Intake and referral: (518) 437-6619

www.stanneinstitute.com

Saratoga Center for the Family

Offers a wide range of services focusing on mental health, anger management, parenting programs, child custody stress prevention programs, keeping children safe, behavioral interventions and child advocacy.

359 Ballston Avenue, Saratoga Springs, NY

(518) 587-8008

www.saratogacff.org

True North

Adult psychiatric services. Family therapy, child, teen groups, womens groups, workshops/classes.

499 Glen Street, Glens Falls, NY

(518) 798-9187

www.truenorthat499glen.com

Turning Leaf Counseling SVCS

Counseling services for children, teens, adults, families and couples. Delivering individualized holistic treatment to each of our patients using treatment modalities that best fit each client's needs. Specialize in depression, anxiety, trauma, PTSD, relationship and family issues.

5 Warren Street #209, Glens Falls, NY

(518) 338-3117

www.turningleafcounselingsvcs.com

Residential Services

ASCEND Mental Wellness

Residential programs include licensed and transitional group homes and single site and scattered site apartments programs. Permanent housing is available through the Supported Housing Program and assists adults in locating and maintaining their own permanent housing. The Housing First Program provides permanent apartments to homeless individuals in an 18 unit apartment building.

3043 State Route 4, Hudson Falls, NY

(518) 747-2284

www.ascendmw.org

Northern Rivers

Miriam House

Community residence serves adolescents ages 12-17, focusing on the development of life skills and preparation for community living.

64 Academy Road, Albany, NY

(518) 469-6937

www.northernrivers.org/community-residence

RISE Housing and Support Services

RISE programs provide safe, healthy housing and support services to people with mental health concerns, substance use and other life challenges.

127 Union Street, Saratoga, NY

(518) 587-6193

www.riseservices.org

Social/Recreational Programs

ASCEND Mental Wellness

East Side Center

Adult psychiatric rehabilitation program supports personal growth in various areas of life. Well-being and rehabilitation are supported through vocational and pre-vocational programs, supportive counseling, recreation and socialization activities, educational training, and health workshops.

230 Maple Street, Glens Falls, NY
(518) 793-4799
www.ascendmw.org

Behavioral Health Services North

Family Support Services

Offers assistance to families of seriously emotionally disturbed children through support groups, respite care, and recreation, sibling support and life skills/supported work program for teens.

25 Willowbrook Road, Queensbury, NY
(518) 926-7100
www.bhsn.org

Vocational Services

Community, Work and Independence (CWI)

Competitive Edge

Full service employment agency specializes in job placement and job retention services for individuals with disabilities.

10 Harlem Street, Glens Falls, NY
(518) 793-4700
www.cwinc.org

Liberty House Foundation

Psychiatric and vocational rehabilitation program utilizes the club house model to serve mentally ill and developmentally disabled individuals.

54 Bay Street, Glens Falls, NY
(518) 798-1066
www.libertyhousefoundation.net

Northeast Career Planning at Unity House

Provides vocational evaluations, counseling, and job placements, support and job retention services for individuals with disabilities or barriers to employment.

16 Pearl Street, Suite 208, Glens Falls, NY
(518) 812-0280
www.unityhouseny.org/services/northeast-career-planning

Developmental Disabilities Services

AIM Services, Inc.

Dedicated to supporting the “power of potential” in people with disabilities.

4227 Route 50, Saratoga Springs, NY
(518) 587-3208
www.aim-services.blogspot.com

Battenkill Community Services

Provides day habilitation, respite, and supported employment.

2549 State Route 40, Greenwich, NY
(518) 692-2819
www.battenkill.org

Capital District Developmental Disabilities Services Office

Provides housing and residential services, clinic treatment, day programs, service coordination, home and community-based waiver services, parent advocacy and training, family support, employment programs, and adaptive equipment.

200 Smith Drive, Saratoga Springs, NY (Saratoga County)
(518) 370-7370

100 Glen Street, Suite 2D, Glens Falls, NY (Warren/Washington Counties)
(518) 743-0158

Catholic Charities Disabilities Services

Provides residential services, in-home waiver services and support, service coordination, in-home respite, innovative day services, and specialized services for individuals with Prader-Willi Syndrome. Service coordination to individuals with traumatic brain injuries is also available.

1 Park Place, Suite 200, Albany, NY
(518) 783-1111
www.ccdservices.org

Center for Disability Services

Provides service coordination.

314 South Manning Boulevard, Albany, NY
(518) 437-5700
www.cfdsny.org

Community, Work, and Independence, Inc. (CWI)

Provides day programs, service coordination, employment programs, transitional services, clinical services, home and community-wavier services, family support, respite, residential services and assistance accessing adaptive equipment.

PO Box 303, 37 Everts Avenue, Glens Falls, NY
(518) 793-4700
www.cwinc.org

Epilepsy Foundation of Northeastern NY

Provides information and referral, service coordination, advocacy, counseling, and school and community education.

Three Washington Square, Albany, NY
(518) 456-7501
www.epilepsy.com/local/northeastern-newyork

Southern Adirondack Independent Living Center (SAIL)

Empowers individuals with disabilities by promoting independence, dignity, access, and respect. Provides advocacy, peer monitoring, equipment loans, accessibility counseling, computer training, and health insurance counseling.

71 Glenwood Avenue, Glens Falls, NY
(518) 792-3537
www.sailhelps.org

Liberty House Foundation

Provides day programs and employment assistance.

54 Bay Street, Glens Falls, NY
(518) 798-1066
www.libertyhousefoundation.net

Prospect Center - Center for Disability Services

Licensed diagnostic and treatment center and fully accredited educational facility offering multi-faceted services for at-risk and developmentally disabled individuals. Services provided include a range of medical, educational, early intervention, residential, family support and evaluation services.

133 Aviation Road, Queensbury, NY
(518) 798-0170
www.cfdsny.org/prospect-center

Vanderheyden, Inc.

Provides housing and residential services, educational services, service coordination, family support, respite, and camp/recreation programs.

P.O. Box 219, Wynantskill, NY
(518) 283-6500
www.vanderheyden.org

WWAARC – Warren, Washington, Albany ARC

Provides residential services, day program services, service coordination, parent/family advocacy training, respite services, employment opportunities and community-based Medicaid waiver services to individuals with intellectual and other disabilities in Warren, Washington, and Albany Counties.

436 Quaker Road, Queensbury, NY
(518) 793-4204
www.wwaarc.org

Wildwood Programs, Inc.

Provides day programs, educational services, service coordination, home and community-based waiver services, parent advocacy and training, family support, camp/recreation programs, and adaptive equipment. Also provides services for individuals with traumatic brain injuries.

2995 Curry Road Extension, Schenectady, NY
(518) 836-2300
www.wildwood.edu

On the Web

American Academy of Child & Adolescent Psychiatry: www.aacap.org
American Psychological Association: www.apa.org
Center for Disease Control: www.cdc.gov
Mental Health America: www.NHMA.org
Mental Health Association in New York State, Inc.: www.mhanys.org
Missing and Exploited Children: www.missingkids.com
National Alliance on Mental Illness: www.nami.org
National Council for Community Behavioral Health: www.thenationalcouncil.org
National Institute of Mental Health: www.nimh.nih.gov
New York State Office of Mental Health: www.omh.ny.gov
New York State Office of Alcoholism & Substance Abuse Services: www.oasas.ny.gov
New York State Office for People with Developmental Disabilities: www.opwdd.ny.gov
Statewide Caregiving & Respite Coalition of New York: www.nyscrc.org/about-us
Substance Abuse and Mental Health Services Administration: www.samhsa.gov
Suicide Prevention Center of New York: www.preventsuicideny.org
Veteran's Crisis Line Website: www.veteranscrisisline.net

By Phone

Alliance for Positive Health: (518) 743-0703
Al-Anon/Alateen Hotline (for young people who are the relatives and friends of problem drinkers): 1-800-344-2666
Glens Falls VA Primary Care Clinic: (518) 798-6066
National Association for Children of Alcoholics: 1-888-55-4COAS
National Child Abuse Hotline: 1-800-422-4453
National Runaway Hotline: 1-800-786-2929
NYS Domestic Violence Hotline: 1-800-942-6906
OASAS New York State HOPEline- 1-877-8-HOPENY
Sexual Assault & Abuse Hotline: 1-800-656-HOPE (4673)
Suicide Prevention Hotline: 988
United Way Northeast Region: 211
Upstate New York Poison Center: 1-800-222-1222
Warren County Sheriff: (518) 743-2500
Washington County Sheriff: (518) 746-2522

Messaging

Crisis Text Line: TEXT 'HOME' to 741741
Veteran's Crisis Line: Text to 838255
988 Suicide Prevention

Need Further Guidance?

Contact the Council for Prevention, Inc. at (518) 746-1527

The Mental Health & Wellness Resource Guide was revised by the Council for Prevention, Inc.

For additional copies, please call (518) 746-1527 or email allisonreynolds@councilforprevention.org

COUNCIL FOR PREVENTION

Promoting Health and Well-Being