

**NEW YORK STATE DEPARTMENT OF HEALTH  
DIVISION OF NUTRITION**

**MEDICAL DOCUMENTATION FOR WIC FORMULA AND APPROVED WIC FOODS FOR  
INFANTS, CHILDREN AND WOMEN**

Patient's Name \_\_\_\_\_ Birth Date: (MM/DD/YY) \_\_\_\_\_

Parent/Caretaker's First and Last Name \_\_\_\_\_

I authorize \_\_\_\_\_ (Health Care Provider) to release the information below to the WIC Program, and I authorize the WIC Program to release information about me to this health care provider for the purposes of coordinating my health care. If I need to transfer to another WIC Program, I authorize the release of this information to the transferring WIC Program. All information is considered confidential.

YOUR SIGNATURE: \_\_\_\_\_

**Prescription is subject to WIC approval and provision based on Program policy and procedure.**

**Qualifying medical condition(s) including ICD-9 code: Justifies the prescription of requested formula/medical food**

ICD-9 Code \_\_\_\_\_

**WIC formula/medical food requested:** \_\_\_\_\_

Prescribed amount per day: \_\_\_\_\_ oz/day      Special Instructions/Comments: \_\_\_\_\_

Length of use: \_\_\_\_\_ (Prescription renewal required periodically)

The patient will receive the supplemental foods, appropriate to their WIC participant category, listed below in addition to the WIC formula/medical food. Please indicate any supplemental foods or restrictions that would be contraindicated with the patient's medical diagnosis.

WIC Participant Category	WIC Supplemental Foods Available	Do Not Give	Restrictions/Comments
Infants (6-12 months)	Infant Cereal		
	Infant Food Vegetables/Fruits		
Children and Women	Milk		
	Cheese		
	Cereal		
	Juice		
	Eggs		
	Vegetables/Fruits		
	Whole Wheat Bread		
	Beans		
	Peanut Butter		
	Canned Fish *		

\* "Fully Breastfeeding Women" is the only WIC participant category eligible to receive canned fish.

Signature of Health Care Provider  X _____  _____  _____	Provider's Name (Please Print):	
	Title:	
	Medical Office/Clinic:	
	Street:	
	City:	Zip:
	Phone #:	Fax #:
		Date:      /      /