

VETCENTER

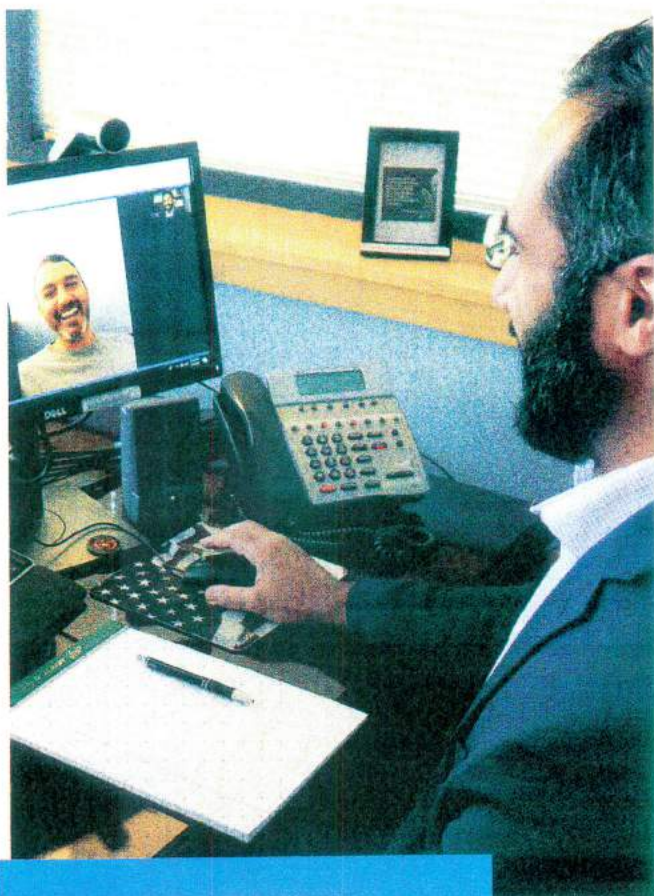
EST. 1979

Connection.
Camaraderie.
Community.



Who We Are

Conveniently located in your community, Vet Centers help you and your family build meaningful connections and develop tools for achieving success in both your military and civilian lives.



93% of those who use Vet Centers would recommend us to others!*

Our Services

Counseling.

We provide individual, group, couples, and family counseling to talk through problems, brainstorm solutions, discuss what resources are available, and work with you to create effective and practical plans for your personal growth.

Referrals.

We provide medical, benefit, employment, and other VA and community referral services to help you and your family navigate time-consuming tasks, like applying for VA benefits or finding a job.

Community engagement.

Vet Centers help you connect with your community by working with local partners and using our resources to advocate for your needs. Ultimately, this allows us to create a greater support system for you and your family.

Our Core Benefits

Welcoming environment.

Our Vet Center community treats you like family. We work hard to ensure you feel respected, safe, relaxed, and comfortable with everyone while you are here.

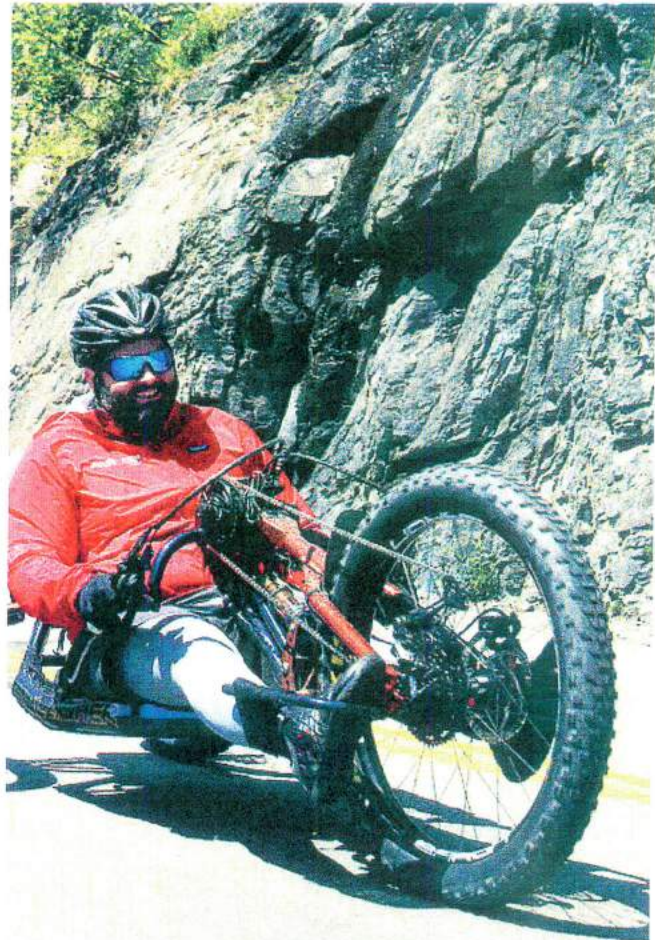
Community of support.

Whether you come in for one-on-one counseling or to participate in a group session, Vet Centers allow you to form social connections, try new things, and build a support system with people who understand you and want to help you succeed.

Practical and therapeutic services.

At Vet Centers, one size does not fit all. From talk therapy to recreational activities, our team works with you to identify your individual goals and find the right plan that meets them.

94% of those who use
Vet Centers found us
to be welcoming and
courteous!*



Our Eligibility Requirements

If you are a Veteran or service member, including members of the National Guard and Reserve, you can access our services if you:

- Served on active military duty in any combat theater or area of hostility.
- Experienced military sexual trauma (regardless of gender or service era).
- Provided mortuary services or direct emergent medical care to treat the casualties of war while serving on active military duty.
- Performed as a member of an unmanned aerial vehicle crew that provided direct support to operations in a combat theater or area of hostility.
- Accessed care at a Vet Center prior to Jan. 2, 2013, as a Vietnam-Era Veteran.
- Served on active military duty in response to a national emergency or major disaster declared by the president, or under orders of the governor or chief executive of a state in response to a disaster or civil disorder in that state.
- Are a current or former member of the Coast Guard who participated in a drug interdiction operation, regardless of the location.

We encourage you to contact us, even if you are unsure if you meet these criteria. If we can't help you, we will find someone who will.

Our services are also available to family members when their participation would support the growth and goals of the Veteran or active-duty service member. If you consider them family, so do we. We also offer bereavement services to family members of Veterans who were receiving Vet Center services at the time of the Veteran's death, and to the families of service members who died while serving on active duty.



VETERANS



ACTIVE-DUTY
SERVICE MEMBERS



NATIONAL GUARD
MEMBERS AND RESERVE



FAMILY
MEMBERS

Our Priorities

Safe and confidential.

Our records cannot be accessed by other VA or DoD offices, military units, or other community networks and providers without your permission or unless required to avert a life-threatening situation. Here, you can be as open as you want — there's absolutely no judgement.

Guided by professionals who get it.

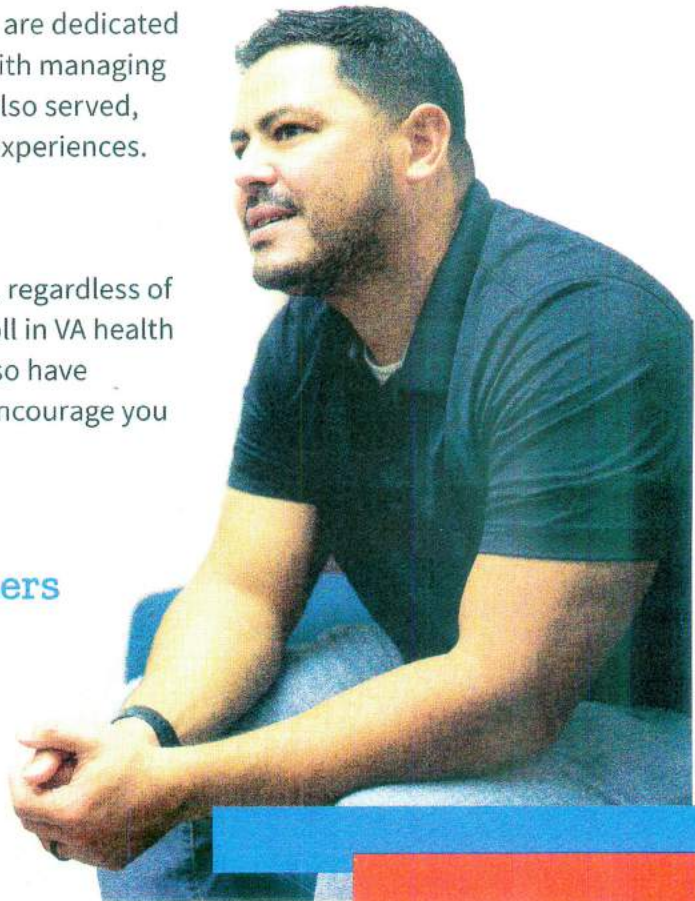
Our highly trained counselors and team members are dedicated to seeing you through the challenges that come with managing life during and after the military. Most of us have also served, so we understand common Veteran and military experiences.

No cost. No strings attached.

Vet Center services are available to you at no cost, regardless of discharge character, and without the need to enroll in VA health care or have a service-connected disability. We also have appointments available to fit your schedule and encourage you to stop by for more information.

**92% of those who use Vet Centers
said their appointments
were scheduled at a time that
worked for them!***

* Statistics represent survey responses from roughly 3,500 clients provided over the course of 2019 and 2020.



To Vietnam Veterans, With Thanks

It is because of Vietnam Veterans that Vet Centers exist today. These Veterans refused to be forgotten, refused to be stigmatized, and insisted on a program where they were at the center of their care. We remain grateful to them for ensuring generations of men and women can turn to the support and community of a Vet Center.

Find a Vet Center

www.va.gov/find-locations

Call us 24/7

Vet Center Call Center:

877-WAR-VETS (927-8387)



Can't make it to a Vet Center?

Our services are also offered through Mobile Vet Centers, virtual appointments, and other community locations that might be more convenient.

Veterans Crisis Line

If you or someone you know is in crisis or having thoughts of suicide, call 1-800-273-8255 and press 1, text 838255, or chat online at: <https://www.veteranscrisisline.net/chat>.

Albany Vet Center
17 Computer Drive West
Albany, New York 12205
518-626-5130

VA



U.S. Department
of Veterans Affairs

VET[★]**CENTER**
1947-1978